

INFORMATION AND RESOURCES



ADDvanced Solutions
Supporting you to find the answers

My SPD

My SPD, by:

I have over-sensitivity to:	✓	How it impacts me:
Sound		
Sight		
Touch		
Smell		
Taste		
Balance (Vestibular)		
Position (Proprioception)		
I have under-sensitivity to:	✓	How it impacts me:
Sound		
Sight		
Touch		
Smell		
Taste		
Balance (Vestibular)		
Position (Proprioception)		

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